

# ***LEGION***

***Bible Study***

*Leader Guide*

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# LEGION

Bible Study  
*Leader Guide*



*Welcome, friend!*

I am so delighted you chose to lead a group through **LEGION: Rediscovering the God Who Rescues Me**. May the Lord richly bless you and your group as you journey through the study!

Whether you have been leading Bible study groups for years or this is your first time, the greatest gift each of us brings to those God entrusts to our care is our support, love, and encouragement – and for these, there is no prerequisite. Nevertheless, this Leader Guide offers some helpful tips and resources to equip you as you prepare to lead your group.

I am honored to partner with you and excited for all God has in mind to do in you and through you!

*Before You Begin*

A few items to consider as you plan your group:

- Invite a team of prayer supporters to come alongside you and cover you, your co-leaders, and the participants in prayer.
- Encourage your group facilitators to reach out to each participant weekly to let them know they are being prayed over.
- Schedule time with your group facilitators prior to the start of each meeting to pray.
- Familiarize yourself with the **About the Study** and **Group Study Tips** pages in the book (these pages are also included in this Leader Guide).

## About This Study

### Friend, you are in for an action-packed study!

Truly, God's Word is like hidden treasure: sometimes you find the most powerful lessons in the most surprising places—such as in the story we are about to explore in *LEGION: Rediscovering the God Who Rescues Me*.

The study book is divided into six weeks, each comprised of five days of personal study. For added flexibility, participants can choose a commitment level that works best for them: “light”, “moderate”, “in-depth” or “all-in”. See enclosed **Group Study Tips** for more details.

Each day of study includes one or more questions suitable for **Group Discussion**. These questions are followed by a ☯. Be sure not to overlook these questions, even if you are working through the material on your own. There are also **Pause to Ponder** sections throughout the study; these are designed to provide you with a time of personal reflection. Use the space in the margin (or, if you prefer, a journal or notebook) to respond to these questions. For readers desiring to dig even deeper, I've prepared **Extra** questions, which are preceded by a ☯.

At the end of each day, there is a **Your Turn** section for personal application. These questions are important. While studying the Bible can stir our hearts and open our eyes to wonderful truths, only when we apply what we have learned will it have a lasting impact for God's kingdom.

Continued . . .

## About This Study

During my study of **LEGION**, I often found myself fascinated by secondary topics related to the material. The **Supplemental Readings** I included throughout the study are not essential, but you may find them enjoyable and informative.

One quick note: some paraphrase versions of the Bible may be inadequate for the purposes of this study. Whenever possible, it is recommended that you complete the exercises using a Bible translation that adheres to a more literal translation, such as the English Standard Version, New American Standard Bible, New King James Version, or King James Version.

Before you begin, take a few moments to ask the Holy Spirit to guide you over the next six weeks and to bless your commitment to this study. Then, as you open your Bible and your heart, begin each day with an eager expectation of *Rediscovering the God Who Rescues Me*.

## Practical Tips

### WHAT TO BRING

- Bible Study books
- Pens
- Bible
- Name Tags
- Tissues
- Snacks (I recommend dark chocolate, but that's just me ;)
- Water

### GROUP ETIQUETTE GUIDELINES

- **Commitment** – Participants are expected to make attending all group sessions a priority.
- **Respect** – As a non-judgmental God-honoring group, please recognize that participants may have different opinions and religious backgrounds.
- **Considerate** – Please do not interrupt another person while they are speaking, or try to analyze, “fix”, or offer advice, as this can interrupt or hinder their spiritual journey. This may be the first time they have found the courage to share; give them space to do so.
- **Time** – Be sensitive to the time and leave room for each person to share; do not monopolize the conversation.
- **Healthy Environment** – No alcohol or other substances that may hinder your ability to fully participate in the group. Silence cell phones.
- **Confidentiality** - All participants agree to keep the information discussed within the group confidential.
- **Arrive on Time** - Be considerate of each another's time; please arrive on time.

# Group Meetings

## FIRST MEETING

- Distribute books; assign participants to their individual tables/groups
- Welcome the group and share an opening prayer
- Commend participants for attending and for making the time to invest in their walk with God when so many other things compete for their time
- Introduce yourself and share what led you to serve as leader/co-leader (invite other co-leaders and facilitators to do the same)
- Around the Tables: have participants introduce themselves and share one thing they hope to gain from your time together
- Watch first video (see [Video Sessions Guide](#), included in this Leader Guide, for session times)
- Review [About the Study](#) page with the group
- Review [Group study Tips](#) page, particularly the [Customized Commitments](#) options where participants can choose one of four commitment levels
- Go over class schedule
- Optional: invite someone in the group to read [A Note from the Author](#) in the study book
- Optional: Review [Group Etiquette Guidelines](#) with the group
- Ask group if there are any questions
- Closing Prayer

Continued . . .

## Group Meetings

### SUBSEQUENT MEETING

- Welcome the group
- Review and discuss the assigned homework (suggestion: begin with one of the **Group Discussion** questions within the assigned reading)
- After reviewing all of the scheduled assignments, ask participants if they wish to discuss any questions that were skipped or something from the homework that stood out to them
- If a video session is scheduled, watch the video after group discussion. Use the blank **NOTES** pages in the Bible study book for note-taking during the video.
- Discuss what was presented in the video or any final thoughts
- Closing Prayer

### LAST MEETING

- Party! (Potluck, Taco bar, Popcorn, Coffee bar . . .)
- Open Mic: invite participants to share a key “aha” moment or takeaway from the study
- Celebrate their completed commitment to finish the study and any answered prayers
- Closing prayer



## Group Study Tips

Because any deep work of God requires a sacrifice of time spent in His Word and in His presence, the volume of material in an in-depth study can be challenging for some participants. For this reason, several suggestions are provided to help you facilitate the study when participants have varying levels of time constraints.

### CONSIDER AN EXTENDED SCHEDULE

Rather than meeting for six weeks, consider using the extended **Class Schedule** (included in this guide). This extended schedule gives participants two weeks of time to complete each Week in the study, allowing participants to dive deeper into the material without feeling overwhelmed.

### CUSTOMIZED COMMITMENTS

If you are meeting for six weeks, the following page provides suggested assignments based on an individual's time constraints.

However, if your group is using the extended **Class Schedule**, the time commitments on the following page would be cut in half. For example, under the extended schedule, those who chose the **MODERATE** commitment level can anticipate spending roughly 15 minutes a day on the written assignments, rather than 30 minutes using a six-week schedule.

# Group Study Tips

## ALL PARTICIPANTS:

- Read through each day's material, including the assigned Bible passages
- Optional: read the **Supplemental Reading** section as provided in various weeks

In addition to the above assignments for **All Participants**, each participant can choose one of the following commitment levels:

### LIGHT (15 minutes a day)

- Complete the **Your Turn** personal application section at the end of each day
- If you have time, complete the **Group Discussion** questions identified with a 

### MODERATE (30 minutes a day)

- Complete the various **Pause to Ponder** personal reflection sections as well as the **Your Turn** personal application section at the end of each day
- Complete the **Group Discussion** questions identified with a 

### IN-DEPTH (45 minutes a day)

- Complete all questions except for the **Extra** questions identified with a 

### ALL IN (60 minutes a day)

- Complete all questions, including the **Extra** questions identified with a 
- Read the **Supplemental Reading** as provided in various weeks

## Class Schedule

While the study is divided into six weeks, an extended class schedule can be helpful whereby each Week in the study is completed over two weeks of time. NOTE: Except for Video Session 1, videos serve as a wrap up to the previous Week in the study as well as introduction to the next Week in the study. Therefore, while not required, it is recommended to begin class with group discussion followed by watching the video.

| DATE | MEETING #<br>(Extended / Regular) |   | GROUP DISCUSSION        | VIDEO                 |
|------|-----------------------------------|---|-------------------------|-----------------------|
|      | 1                                 | 1 | Welcome!                | Watch Video Session 1 |
|      | 2                                 | 2 | Discuss Week 1 DAYS 1-3 |                       |
|      | 3                                 |   | Discuss Week 1 DAYS 4-5 | Watch Video Session 2 |
|      | 4                                 | 3 | Discuss Week 2 DAYS 1-3 |                       |
|      | 5                                 |   | Discuss Week 2 DAYS 4-5 | Watch Video Session 3 |
|      | 6                                 | 4 | Discuss Week 3 DAYS 1-3 |                       |
|      | 7                                 |   | Discuss Week 3 DAYS 4-5 | Watch Video Session 4 |
|      | 8                                 | 5 | Discuss Week 4 DAYS 1-3 |                       |
|      | 9                                 |   | Discuss Week 4 DAYS 4-5 | Watch Video Session 5 |
|      | 10                                | 6 | Discuss Week 5 DAYS 1-3 |                       |
|      | 11                                |   | Discuss Week 5 DAYS 4-5 | Watch Video Session 6 |
|      | 12                                | 7 | Discuss Week 6 DAYS 1-3 |                       |
|      | 13                                |   | Discuss Week 6 DAYS 4-5 | Watch Video Session 7 |
|      | 14                                | 8 | Celebration!            |                       |

## Video Sessions Guide

Watch Session One before beginning Week One in the study (same for Sessions 2-6).  
Session Seven is a wrap up.

**SESSION ONE:** We live in a world that is crying out for rescue. Watch Shadia's powerful introduction to the fascinating story of Jesus's passionate pursuit to rescue a man known only by the name of the demons that tormented him. **16 minutes.**

**SESSION TWO:** Shadia sets the stage by diving into the age-old question: Why did God allow Satan and sin to enter our world? From our limited perspective, the events in Genesis appear risky, but for God, they pave the way for a glorious *Divine Rescue*. **23 minutes**

**SESSION THREE:** Through captivating teaching, Shadia invites you to climb into the boat with Jesus as He heads into enemy territory. Like the disciples, we face storms of doubt and fear. This is when our faith is put to the test. **24 minutes.**

**SESSION FOUR:** In this session, we recognize that our enemy will stop at nothing to deceive us into lowering our view of God and His power. Shadia reminds us that this same enemy falls on his face and shudders at the mere mention of God's Name. **23 minutes.**

**SESSION FIVE:** During this session, Shadia gently challenges us: we say that God can rescue anyone, but do we really believe it? For the man with the legion, the people saw a hopeless, crazed, naked man, but God saw a precious soul crying out for rescue. **22 minutes**

**SESSION SIX:** Like the demoniac, each one of us is in need of rescue, and there is only One Who can intercede for us: Jesus. Listen as Shadia boldly proclaims that through Christ's blood, all the powers of darkness were forever defeated. **20 minutes**

**SESSION SEVEN:** In this final session, Shadia challenges us to follow the example of the healed man who took Jesus at His word, "go and tell." In the same way, each one of us has been entrusted with a story of God's rescuing love. Let us also *go and tell*. **23 minutes**

## *Frequently Asked Questions*

### **Why Did You Create Four Commitment levels?**

Group Leaders face a common challenge: balancing members who want minimal homework with those hungry for deeper study. Most Bible studies cater to a lower commitment level, leaving those who love to dig deep unsatisfied. My Four Commitment approach removes this tension entirely—those with demanding schedules can participate meaningfully without pressure, while Bible study enthusiasts can dive as deep as they want. From busy newcomers to seasoned Bible lovers, all can enjoy a rich experience where no one feels left out or left wanting.

### **Where Can I Find the Video Sessions?**

Video sessions can be found here: <https://shop.shadiahrichi.com>

### **What Does it Cost to Have You Meet with my Group on Zoom?**

To make this option accessible to any group, regardless of size, simply choose an honorarium amount that works for your group. For more details, visit **shadiahrichi.com** and click "Zooming with Shadia" on the Speaking page, or scan the QR code provided at the beginning of this packet.

### **Why Do You Recommend an Extended Meeting Schedule?**

An extended schedule is recommended for this in-depth Bible study because it allows participants to delve deeper into the material without feeling rushed or overwhelmed. This also creates an opportunity for more meaningful conversations within the group.

*Continued . . .*

## *Frequently Asked Questions*

### **How Do I Invite You to Speak at Our Event?**

I'm glad you asked! Please visit my Speaking page at [www.shadiahrichi.com](http://www.shadiahrichi.com) to complete the **Speaking Inquiry** form. I'll be in touch with next steps.

### **Do You Really Personally Sign Books Ordered on Your Website?**

I sure do! Every book ordered from my website is personally signed and dated, with a Scripture and/or a personal note.

### **I have another question. How Do I Contact You?**

Please send an email to [ministry@shadiahrichi.com](mailto:ministry@shadiahrichi.com) and either I or someone on my ministry team will get back to you right away.



# Scripture for Reflection

For He rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son. (Colossians 1:13 NASB)

The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance. (2 Peter 3:9 ESV)

He drew me up from the pit of destruction. . .and set my feet upon a rock. . .He put a new song in my mouth, a song of praise to our God. (Psalm 40:2-3 ESV)

Those who go out weeping, carrying seed to sow, will return with songs of joy, carrying sheaves with them. (Psalm 126:6 NIV)

For he who is in you is greater than he who is in the world. (1 John 4:4b ESV)

At the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. (Philippians 2:10-11 ESV)

And the armies of heaven . . . were following him on white horses. . . On his robe and on his thigh he has a name written, King of kings and Lord of lords. (Revelation 19:14,16 ESV)

And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. (Ezekiel 36:26 ESV)

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me. (Psalm 23:4 ESV)

And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. (Colossians 2:15 NIV)

The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary. (Isaiah 40:28 ESV)

God's kindness is meant to lead you to repentance. (Romans 2:4 ESV)



Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but the one who does the will of my Father. . . . On that day many will say to me, 'Lord, Lord.' . . . And then will I declare to them, 'I never knew you.' (Matthew 7:21-23 ESV)

For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit . . . and discerning the thoughts and intentions of the heart. (Hebrews 4:12 ESV)

*Shadia Hrichi*